



NOMLA Executive Meeting Minutes

April 1st 2026. 8:00 PM

Attendance: Caitlin, Darcy, Colin, Stacia, Chelsey, Steph, Tony, Miranda, Sarah, Cathy, Trisha, Caden

Meeting called to order at 8:05 by Colin.

1. Trophy Box at Sunbelt- Trisha
 - We have not been able to find a contact for Sunbelt yet. Miranda will try and find someone.

2. Equipment/Apparel - Clayton
 - The last few sets of jerseys arrived.
 - All the shorts have arrived. Working on splitting them into teams to have them available for games/practices on Saturday.
 - 1602 Designs Team Store- Willing to put together a team store. They have 2 options: an online store, or a bulk order. The bulk order gives the best pricing. If we go that route
 - Extreme Threads Team Store- They will put together a team store on bags, and sublimated apparel. Clayton will put a poll in the chat with design options.

- Jersey Deposits- In policy it says that we should collect jersey deposits. With 4 new sets, we are looking at collecting deposits and what is the best way to collect them. Discussion about how Vernon Minor Hockey does it.
 - Clayton motions to create a \$500 deposit to go through team fees to cover equipment costs if items are not returned at the end of the season and a \$200 deposit for U7 and U9 teams. Motioned by Caitlin, Seconded by Stacia. All are in favor. Motion passed
 - Colin- Peak to Pine expressed interest in doing a team store and offered 10% of sales to go back to the association. They would also be interested in having apparel in their stores and setting up at our home tournaments. Colin will follow up for pricing and details.
 - Coaching shirts: Coaches that do not have a polo from last year will receive one this year.
3. Home Tournament Volunteers- Steph
- Cathy suggests 2 dedicated tournament parents from each team to create a small committee (4/5 people). Cathy's plan is to meet with the committee and make sure they are on the right track, and she will be available if they need support/help.
4. Coaches/Managers Update-Stacia
- Stacia is gathering coaching lists for her paperwork.
 - Managers are in place for all teams.
 - Stacia has a managers chat created and has been passing along all the information through there so far.
5. Parent Advocates – Stacia
- U7- Stephanie Minchenko
 - U9- Darcy Rhodes
 - U11- Travis Mann
 - U13- Cathy Isles
 - U15- Caitlin Schlaak
 - U17- Chelsey Mann
 - Female- Stacia Strohm
 - Parent Advocate information will be available in the Managers handbook as well as on our website.
6. Team Posts- Trisha
- Are we wanting players of the week again this year. Do we want a media person per team again this year.
 - We will continue with Legends of the Week posts.
 - We need to continue with regular write-ups of teams and focusing on their sponsors and where they are located.

- Trisha will organize the “Legends of the Week”.

7. Female Update/Tournament- Natalee

- Female Try Lacrosse is again tomorrow night.

- Looking for a few more coaches for the older age group.

- The number of U9 Females registered in the interior is high. Penni is looking at having some female only u9 games scheduled.

- The lower mainland has blocked sometimes for games with us. There have also been some tournaments applied for in U11, U15, and U17.

- Female players are allowed to play in Coed games but the proper protocol is to consult Natalee first as she needs to make sure these players are at the correct level to play Coed.

8. April 4th Scorekeeping and Timekeeping Training- Steph

- Steph is wondering if there will be someone to help support with teaching families how to use the clock and app. There will be people available to assist with this.

9. Tournaments- Cathy

- Applications opened on Monday. The website crashed multiple times. By yesterday, Cathy had BCLA close U11, U13 and U15 age groups as we had enough teams submit applications in those divisions.

- Female: We will accept 3 teams per division. So far there are 3 teams registered for U11 and 4 for U17 (one will get waitlisted).

- U15 it has been recommended to accept 3 teams per division. But Cathy is hopeful that we can get a bit more floor time and have more teams come in this division.

- U13- 20 applications. 5 Teams will be accepted per division.

-U7/U9 - We have 5 applications for U7 and 4 for U9. We will leave that one open.

- Cathy would like to see about finding a sponsor to cover all the Heart and Hustle/MVPs for each division/tournament.

- Cathy has been in touch with 5 Star for medals. What is the benchmark for how much to spend? We will need to get 24 of each for each division. Sara will look at the budget for this.

- Cathy has the tournament bins. She is hoping to restock them (ribbon, tape).

- Eric Anderson reached out to provide photos again this season for tournaments.

- Cathy is working on getting emails sent to everyone who has been accepted or on the waitlist.

New Business:

- Stacia will update the Drug and Alcohol Policy to get sent out to teams. She will update it and send it to Colin for approval.
- Darcy has talked to BCLA to get coach clinics organized. He will work with Travis to get everyone certified. U13 and below need Community Development, U15 and U17 Community Competitive, U7/U9 coaches need online modules, but we should encourage those coaches to do Community Development as well.
- Team BC Interior Camp is coming up April 18.
- Once we get our schedules, Darcy will reach out to get volunteers.

Next Meeting Date: Wednesday May 6, 8:30pm on Microsoft Teams

Motion to adjourn meeting made by Miranda, seconded by Darcy.

Meeting adjourned.